



## **EXERCISE 2: MISSION STATEMENT STEP 1**

In the space provided below, brainstorm your thoughts and ideas related to the following three topics. Do not stop writing, just get thoughts, words, ideas down for each area of focus. Don't worry about grammar, spelling, etc.

**IDENTIFY THE PEOPLE WHO HAVE BEEN INFLUENTIAL IN YOUR LIFE:** (write down the person or persons who knowingly or unknowingly have had influence in your life. What are the qualities you more like/admire about that person/those people? What traits or qualities have you gained from him/her/them?)

**DEFINE WHO YOU WANT TO BECOME:** (Imagine yourself in 10 – 20 years. You have accomplished everything you want to accomplish. List out everything you have achieved. What do you want to have, do, and/or be in 10 -20 years?)

**WHAT IS IMPORTANT TO YOU TODAY?** (List out the 10 most rewarding things to you right now. What keeps you going and for what do you live? What is it you love about life?)

### ***Mission Statement Rough Draft***

Take some time to review your previous musings. What key ideas, words, concepts jump out at you? Compose a rough draft of a personal Mission Statement. It will certainly change over time as you change. But for today, write a statement that can be used to help guide your life, direction, decisions, etc.